

Blue Hills Adult Walking Club **Fall 2010**

Blue Hills Reservation & South Region Sites

The Blue Hills Adult Walking Club meets each weekend on either a Saturday or Sunday at 1:00 for recreational walks. This club is open to people of 16 years of age and older, and there is no fee to join. Walks average 2 to 5 miles. New walkers are encouraged to participate.

The terrain can vary:

- ▲ EASY (mostly level terrain)
- ▲▲ MODERATE (hilly terrain)
- ▲▲▲ DIFFICULT (strenuous & steep)

Walks will be lead by a park ranger or a Walking Club volunteer leader.

Occasionally, the Walking Club meets at other DCR sites or car pools to sites within the Blue Hills Reservation.

The rangers recommend wearing hiking boots and bringing drinking water on all hikes.

Enjoy the programs and keep walking!

September

Sunday, September 5 1:00 pm



Easy walk, with some hills, 2 miles. Walk around Tucker Hill on the green dot trail. Meet at the Houghton's Pond main parking lot at 840 Hillside St. in Milton.

Saturday, September 18 1:00 pm



Easy walk, 2 miles. DCR Health Heart trail including loop around Houghton's Pond and old Rte.128. Meet at the Houghton's Pond main parking lot at 840 Hillside St. in Milton.

Sunday, September 26 1:00 pm



Moderate/difficult hike, 2.5 miles. Green dot to red dot to summit of Great Blue Hill. Down via the Summit Road. Meet at the Trailside Museum north parking lot at 1904 Canton Ave. Milton.

October

Sunday, October 3 1:00 pm



Moderate walk, hilly terrain, 3 miles. Wolcott Path to Wildcat Notch and return via Halfway Path. Meet at the Houghton's Pond main parking lot at 840 Hillside St. in Milton.

Saturday, October 16 1:00 pm



Moderate walk, some hills, 2 miles. Loop around Little Blue Hill via Cosmos Path. Meet at the Rt. 138 Park and Ride lot in Canton.

Saturday, October 23 1:00 pm



Moderate/difficult walk, some hills, 3 + miles. Bugbee Path to Buck Hill. Return on Doe Hollow Path. Meet at the Houghton's Pond main parking lot at 840 Hillside St. in Milton.

Sunday, October 31 1:00 pm



Moderate walk, hilly terrain, 3.5 miles. Walk Border Path to Hancock Hill Path and return via Wolcott Path. Meet at the Trailside Museum north parking lot at 1904 Canton Ave. Milton.

November

Saturday, November 6 1:00 pm



Moderate walk, some hilly terrain, 4 miles. St. Moritz green dot loop. Meet at Shea Rink parking lot at 651 Willard St. in Quincy.

Sunday, November 14 1:00 pm



Moderate walk, hilly terrain, 3 miles. Wolcott Path to Wildcat Notch and return via Halfway Path. Meet at the Houghton's Pond main parking lot at 840 Hillside St. in Milton.

Sunday, November 21 1:00 pm



Moderate walk, some hills, 3 + miles. Walk through Stony Brook Reservation in Hyde Park. Meet at the Olsen Pool parking lot at 75 Turtle Pond Parkway in Hyde Park.

Things to know before you go

- Wear sturdy footwear
- Carry drinking water
- We will hike unless the weather creates unsafe conditions
- If weather conditions are questionable, please call the reservation headquarters at 617.698.1802, extension 3

Department of Conservation and Recreation
Blue Hills Reservation
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www.mass.gov/dcr