

## Guided hikes, skiing, snowshoeing

Hikes, ski and snowshoe trips of various lengths and degrees of difficulty are led by AMC-trained leaders, varying from a gentle nature walk to vigorous hikes with moderate altitude gain. Canoeing and kayaking are available at Cape Cod, weather permitting.



All participants must sign the AMC's liability release form in order to participate in the hikes and trips, per AMC policy.



## Mountains and Music



*Space is limited! Sign up early!*

*Registration begins 6 weeks prior to each scheduled weekend. Join the mailing list and receive information and a registration form.*

visit the website for dates & information:  
<http://www.amcboston.org/music>

contact: committee chairperson:  
[NBMiller50@aol.com](mailto:NBMiller50@aol.com) or 978 664 3786



*If you love mountains  
and you love music,*

*Join us for*

## Mountains and Music Weekends

The Music Committee  
Appalachian Mountain Club  
Boston Chapter

100 instrumentalists, singers, and  
listeners celebrating a love of music  
and the outdoors



## Weekend Workshop locations

**Fall: weekend after Columbus Day, 2 nights**

at Pinkham Notch, NH  
AMC Joe Dodge Lodge

**Winter: President's Day weekend, 2 or 3**

nights at Pinkham Notch, NH  
AMC Joe Dodge Lodge

**Spring: late April**

Cape Cod Sea Camps, Brewster, MA

Accommodations are comfortable heated rooms or cabins with shared bathrooms. A limited number of double rooms are available. Children are welcome, especially at the April weekend. Meals are family style with vegetarian options. Trail lunches are available.



Cape Cod Sea Camp Art Center



Cape Cod kayaking



Musicians with sight-reading ability and varying levels of experience are accepted for the weekend based on achieving a balance of instruments and voice parts for the selected music.

## Weekend Activities

**Friday:**

- Registration
- Dinner buffet
- Choral rehearsal
- Orchestra sight-reading
- Informal Music continues in late-night spaces

**Saturday:**

- Breakfast buffet
- Choral rehearsal
- Chamber music
- Guided hikes
- Lunch on the trail / at the Lodge
- Choral Rehearsal
- Orchestra
- Informal music
- Dinner buffet
- Concert read-through
- Informal music continues in late-night spaces

**Sunday:**

- Breakfast buffet
- Choral read-through
- Guided hikes
- Chamber music



An instrumental conductor, a choral conductor and accompanist, and libraries of chamber and choral music for participants' use are provided.



Mountains and Music is a committee of the Boston chapter of the Appalachian Mountain Club. Weekends are open to AMC members and non-members. AMC members receive a discount.

